

# The next chapter

Those of us in our 50's are wrestling with a shift in our lives- not necessary a shift towards "retirement" but rather a different kind of life with a new set of priorities.

We are the first generation to be given an extra season of life before "old age". It will take time, conversations, reflection and education to ensure that you design the "BESTLIFE" ever for your future.

The NEXT CHAPTER helps individual baby boomers to understand this road ahead of them addressing both the opportunities and the challenges. It also takes you through a range of questions and scenarios to help you with planning your "OWNLIFE".

This workshop can form part of:

- Corporate strategy for their older employees
- Individual plan for your own future
- Pension Fund Workshop for employees within 5 years of retirement.



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