

Coaching

Refirement Network Coaching

Lynda has a passionate love of people and the development of future leaders. She is a master networker, innovator and big picture thinker. Lynda has spent 32 years in business and has a diverse set of skills that include strategy, leadership, marketing, sales, coaching, counseling, facilitation, writing, public speaking and networking.

Lynda is an accredited coach with Retirement Options USA. Lynda started Refirement Network in 2005. She has studied both local and international trends around the Baby Boomer generation (born 1946-1964) and has a broad knowledge and understanding of this subject.

This makes her an ideal person to assist with discussion around navigating your own journey.

The following services are available:

Profiles

The Retirement Success Profile (RSP) is a scientifically designed assessment tool that identifies personal retirement strengths and concerns for people planning their retirement.

The Life Options Program provides a personal, practical, and relevant self-portrait of the overall lifestyle needs of persons who are contemplating a transition from their current full time work into some other lifestyle that they are in the process of designing.

Price: \$70 dollars per profile. The profile is done online and takes about 30 minutes to complete. On completion of the online profile you will receive a detailed report and a copy of an EBook called The New Retirement.

Coaching

Face to Face: Single Session R2000, Three Sessions R5000, Five Sessions R7500. These are subject to location. Lynda is based close to Gauteng and final contracted amount will depend on discussion and agreed amount. Each session will be one to two hours.

Online: I use skype for these sessions. Each session is half an hour. This is a great tool to chat about any area of Refirement in your life or company. Single session: Single session R500(\$ 60.) Three sessions R1300 (\$150) and five sessions R 2000 (\$250)

All prices exclude vat and need to be paid in full to receive contracted price. All calls are booked in advance.



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