



Dear Refirement Members

Life is an adventure. I find myself currently writing this latest update for the newsletter looking out onto Black Mountain in Thaba Nchu. Big sky, open space and beautiful colours fill my senses. I am here leading a project for BrainBoosters, the company where I am journeying as part of my own personal Refirement career. We have been awarded a major contract in the area to improve the literacy and numeracy of 11 000 primary school learners. What a privilege to change lives, to be paid to do so and to view the opportunity as an adventure. Two days ago we had to travel up to a village school, 40 minutes on a gravel road to visit a school with less than 30 learners. If our program can change these children's lives I feel blessed.

A few weeks back, I was interviewed by the Legacy Project and asked some difficult questions. If you would like to read that interview here is the link: <http://thelegacyproject.co.za/lynda-smith-interview-social-entrepreneur/?hvid=4bmCa>

I also wrote an article for another Retirement website called Retire Successfully. Read that article here: <http://retiresuccessfully.co.za/the-new-economy/>

It is only two months until the World Congress for Healthy Ageing takes place in Sandton. I have been part of the scientific committee for this event for more than 18 months. Please take a look at the Edutalks event running parallel to the scientific event. There are some wonderful topics and opportunities to come and learn about Healthy Ageing. I will be chairing a talk on the Saturday afternoon with Kim Potgieter on Refirement. Please join us by registering for the session.

Here is the link: <http://www.wcha2015.com/>

On the same link there is also an opportunity to win an iPad mini by entering the photographic competition. The picture gets uploaded and needs to depict "Bridging the divide" – Healthy Ageing. A great opportunity to share your skill and win a prize.

I am so grateful for some of my decisions taken at crossroad moments. Life is challenging. We are growing older. We need to make decisions. Share your crossroads with others. They too are experiencing change. Encourage someone. Pack your suitcase. Enjoy life. It can and must be an adventure with valleys and mountaintops.

Until next time

Lynda

Refirement's Social Networking



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