

## Refirement Social Network

This is a new social network that I have set up for Refirement Network. Please join and invite all other Baby Boomers.

[Click to join](#)

## Facebook Fan page



[Visit us on the web...](#)

There is a sense of excitement and anticipation as we head to the final countdown for the Soccer World Cup. There are songs and dances, Friday dress code and long queues to purchase tickets. Do you have a top to wear each Friday or a flag on your car? I get this deep sense of national pride every time I see a flag flying on the side of cars driving past me. I don't think we have any idea how important it will be for every South African to welcome and display a positive sense of hospitality for each and every person we encounter. Tourism is one of the major ways in which this country can grow beyond June 2010.

I had a great workshop with a group on inspiring baby boomers in Cape Town last week. I am happy to do workshops for groups in any area of the country.

I will let you know if I am in a specific area and organize a public event. Should you have more than 10 people who would be interested in a workshop, please connect with me and we can organize a date that will work for both parties. This may be a church, organization, club or company. Prices will depend on numbers and location.

I had the privilege to do an interview on CNBC Africa last month. We have added the You tube footage to the website. You can view it here:

This interview will give you a great overview on my thinking around the Refirement concept and the opportunities I hope will emerge in this country.

I am joining forces with Tina James from Dancing Divas and doing a great event for women on 22 May in Pretoria. Details are included. Please book, bring some friends and come and have some fun. Booking is essential.

Be a nation builder this month. Get your flag, wear your top on a Friday and start to count down the days.

Warm Regards,  
Lynda

# 50s and Fabulous!

Dancing Divas and the Refirement Network will be combining forces to bring you 50s and FABULOUS! Think 50s style dancing and elegance, throw in a bit of bling, a large mix of brainy, bright and beautiful ladies, and what do you get? 50s and FABULOUS!

The programme will give you a chance to reflect on what it means to be 50s and fabulous – through dance, visualisation, reflection, talking and listening in between the dancing fun. And for those of you who are not quite there yet or who will never see 50 again, it will be a chance to reflect on what was or what your 50s will be - gorgeous, of course, if we have anything to do with it!



**Date:** Saturday, 22 May, 2010  
**Time:** 2:30pm - 4:30pm  
**Venue:** Brooklyn - Greek Church, Kykkos Hall, c/o Lynnwood Rd & Roper St, Pretoria  
**Dress:** Something fabulous - you decide!  
Over the top / understated / blingy / classy / sporty - show your style!

**BUT...**

**You have to bring your smartest ,funkiest, most outrageous, most gorgeous HANDBAG**

**Cost:** R150 per person / Bring a friend and we will make it R200 for the two of you. Pre-booking required

Phone 082 460-7915 to book or make enquiries.

[www.dancingdivas.co.za](http://www.dancingdivas.co.za)

**Dancing Divas**  
Dancing Fun For Mature Women

[www.refirementnetwork.co.za](http://www.refirementnetwork.co.za)



Refirement Network

## Lynda Smith interviewed by CNBC Africa on the Women in Business program

Lynda Smith is passionate about people and developing future leaders. Over her 32 year career in business, she has mastered the art of networking and innovating. Her current role is building a business called The Refirement Network. She helps Baby Boomers, those born between 1946 and 1964, to understand the opportunities and challenges the future holds for them, especially post-retirement.



[Click here to view Lynda's interview with the Women in Business program...](#)



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