



I begin the month of March 2012 by doubling my grandchildren, twin girls born on 29 th February in London. What a blessing to be a Granny. Family is such an important part of our lives and we value this even more as we grow older. This newsletter is packed with ideas, inspiration and events. We need to take what works for us and use on our journey. Have fun, grow and make a difference this month. Hope to see you at an event over the next 2 months - *Lynda Smith*

Events...

Work for the over 50's in the 21 st Century

This workshop will help you to understand how the world of work is changing and what you need to do to find purpose, passion and a pay check beyond 50. Come and join us **on 4 th April from 09h00 till 12h00**. Each delegate will also receive the **12 Powerful Questions E Book**. This workshop will be held in Johannesburg North West and venue will be given to all delegates who book and pay. Cost R495.

Bookings via [website](#) | lgsmith@mweb.co.za

Good Vibrations

Join us for a Musical Variety Show featuring Top South African Musicians on 2 June 2012 at Rosebank Union Church in Johannesburg. Please check the website for more details of bands, costs and booking details. This is a **NOT TO BE MISSED** event filled with fun and nostalgia. <http://www.rosebankunion.org>



Coaching program
12 powerful questions to navigate your

Book this date for the next REFIREMENT CAFÉ Saturday 12 th May in Johannesburg

Come and join us as we chat about trends, work and family and the challenges and opportunities the over 50's are experiencing. This is a great way to meet other Baby Boomers. We will start at 09h00 and end at 12h00. The venue will be out on the West Rand and announced to all who have booked and paid. Cost is R100 per person and R150 per couple (or two

friends booking together).

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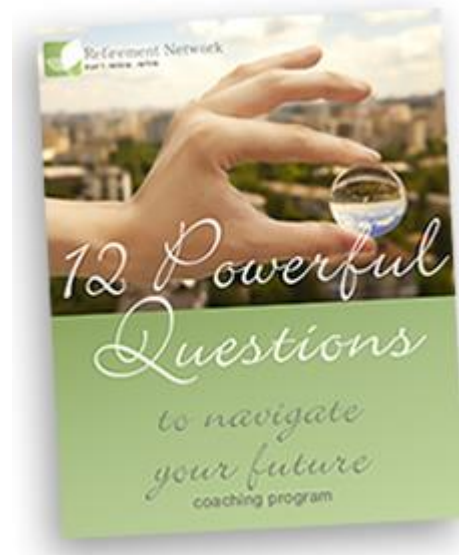
journey. [Read more online](#)



Refirement Story...

I hope you will be inspired this month by our REFIREMENT story about Louise Van Rhyn. Louise and her team are tackling the educational challenge we face in this country and inviting ordinary citizens to engage in helping to make a difference. Louise's passion, drive and perseverance inspire me daily. I hope you will take hands and join in changing our Nation...

[Read more online](#)

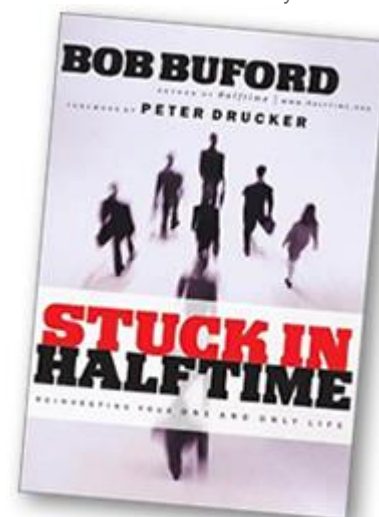


Book of the Month

Stuck in Halftime
by Bob Buford

Older workers working longer

According to Statistics SA's Mid-year population estimates for 2011, more than 5-million South Africans in their 50s and early 60s will reach retirement age in the next few years. In addition, about 1,7-million South Africans in their 60s and early 70s have already passed the retirement age of 65. Many of these 6,7-million people are still healthy, active members of society who wish to still work in some form or another after 65. While it is difficult to know exactly how many South Africans over 65 are still engaged in work activities, what we do know is that more than half of South Africans in the 50s and 60s desire to go on working past their formal retirement age... [Read more online](#)



Competition...

I will be giving away ONE free ticket to the APRIL workshop to anyone who joins the [Refirement Facebook page](#) after this newsletter goes out.

All contributions made to Refirement [Social Network](#) after this newsletter goes live will go into a draw to win a copy of [12 Powerful Questions E Book](#) valued at R295.

Social Networking
Please [join and invite](#) other baby boomers to this [social network](#) for Refirement Network.



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