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Refirement Social Network

This is a new social network that I have set up for Refirement Network. Please join and invite all other Baby Boomers.

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URGENT CALLING RETIRED TEACHERS AND PRINCIPALS.

There is a meeting being called my Gauteng Education Department on 11th March. Please send an email to Lynda Smith for more details:
lgsmith@mweb.co.za

Please send on this email to any other teachers who you believe may be interested.

Technology is a great tool to use and certainly helps us be more efficient. I love technology and the many new opportunities that have opened up for me and help me to enjoy life. Things like being able to work virtually and not having to be in an office each day. The fact that even though my children live far away I can use skype and a webcam to chat and connect. The fact that I can learn more about my field and connect with experts anywhere around the world. The challenge with technology is that we as humans still need to bring order and balance into our lives. We make many connections via facebook and twitter but the real relationships need time and attention. It is important to stand back every now and then and take stock of the landscape and ensure that we have the right balance in place.

Navigating your journey into this new phase called REFIREMENT will take time, reflection, reading and discussion. Having someone who can mentor/coach you or just a trusted friend who can listen will help the process. Attending a workshop and working through some tough questions will guide the process. This month I have added a breakdown of the ways in which it is possible for me to help you with coaching. The profiles, face to face or skype calls are all tools that may assist with the process. I am also adding a list of all the talks/workshops that I do. The talks have many applications.

- Company strategy
- Your over 50 employee/spouse
- Your service club or organization
- Your industry event
- Your conference break away
- Church groups for the Baby Boomer market
- Baby Boomer women

Please have a look at the list of talks and feel free to call or email me to discuss. There are a number of events happening in March and April. Please click to EVENTS on the website for more details. The third month of the year is upon us. Time is racing along. Celebrate and enjoy each day. It is a gift.

Refirement Network. Coaching.

Lynda has a passionate love of people and the development of future leaders. She is a master networker, innovator and big picture thinker. Lynda has spent 32 years in business and has a diverse set of skills that include strategy, leadership, marketing, sales, coaching, counseling, facilitation, writing, public speaking and networking.

Lynda is the only accredited coach in South Africa for Retirement Options USA. Lynda started Refirement Network in 2005. She has studied both local and international trends around the Baby Boomer generation (born 1946-1964) and has a broad knowledge and understanding of this subject. This makes her an ideal person to assist with discussion around navigating your own journey.

The following services are available:

Profiles

1. The Retirement Success Profile (RSP) is a scientifically designed assessment tool that identifies personal retirement strengths and concerns for people planning their retirement.

2. The Life Options Program provides a personal, practical, and relevant self-portrait of the overall lifestyle needs of persons who are contemplating a transition from their current full time work into some other lifestyle that they are in the process of designing.

Price: R750.00 per profile or R1400.00 for both. The profile is done online and takes about 30 minutes to complete. On completion of the online profile you will receive a detailed report and a copy of an EBook called The New Retirement.

Coaching

Face to Face : Single Session R1000, Three Sessions R2500, Five Sessions R3750. These are subject to location. Lynda is based close to Gauteng and final contracted amount will depend on discussion and agreed amount. Each session will be one hour.

Online : I use skype for these sessions. Each session is half an hour. This is a great tool to chat about any area of Refirement in your life or company. Single session: R250, Three Sessions: R600, Five Sessions: R900.

All prices exclude vat and need to be paid in full to receive contracted price. All calls are booked in advance here: <https://my.timedriver.com/55XJH>. Why not try a FREE 15 minute session to ensure that your investment in your life is on the right track? <https://my.timedriver.com/CKP3C>

Refirement Network. Talks.

Lynda Smith has a passionate love of people and the development of future leaders. She is a master networker, innovator and big picture thinker. Lynda has spent 32 years in business and has a diverse set of skills that include strategy, leadership, marketing, sales, coaching, counseling, facilitation, writing, public speaking and networking.

Below are lists of topics that may interest you. Discussion around the process/format can be discussed to accommodate your needs.

1. The Next Chapter

Developing a plan for your life beyond 45+ and helping to plot the journey to Refirement.

2. Moving from Work 1.0 to 2.0 and navigating your journey

Discovering why the world of work has changed and helping to develop a talent profile.

3. Don't RETIRE- REFIRE

An overview of why Retirement is an outdated concept for the 21st century.

4. The chickens have left the nest

The children have left home, so now what? Building a life beyond parenting

5. The 21st century world for single women over 50

Helping women to be savvy, strong and connected.

6. Baby Boomer marketing strategy

Helping companies to recognize and market the right message to Boomers.

7. Capacity Building for South Africa

Finding solutions to build our nation, using skills, wisdom and innovation.

8. Baby Boomer Grandparents

Building legacy through stories, play and time

A discussion or meeting with Lynda will help you plan your perfect event



Please contact Lynda Smith on +27 (0) 82 490 2822 or lynda@refirementnetwork.com for more details. Our web address is www.refirementnetwork.com