



Editorial

This past week, I was sitting quietly having a cup of coffee and reading in a coffee shop when I became part of a three way conversation. A gentleman was sitting reading the newspaper at a table near me and he received a call. I think he may have been a bit hard of hearing because we could not help but hear what he was saying. When he finished the call, another man sitting near me commented and said he heard that he had just been offered a job. The man proudly said yes and then proceeded to tell us that he was 81. The other man shared that he was 67 and had just retired. They were both highly qualified with skills so needed in our country. Having “scarce” skills and the right attitude was the recipe for the 81 year old.

The 67 year old was trying to define a new path where he could be used. I know that this kind of conversation plays out daily in the minds of baby boomers and the older generation. It does not matter what path you choose to follow. The important decision is to think about the process and discover what your personal path may be in the future. I will be holding a **half day workshop called “The Next Chapter” in Gauteng, Cape Town and Durban** over the next 2 months. (CT 21 June, Gauteng 30 th June and Durban 28 July) The cost will be R250 per person or R400 per couple. Please email me if you are interested and I will add you to a list. The article this month called “**Define your next chapter**” will help you understand this concept as well.

Reading is one of the ways I learn much about the trends affecting our changing lives. This past month a new book as been launched called “**The Big Shift**” by **Marc Freedman**. I have tried to capture some of the essence of the book in the article by the same name attached to this newsletter. It is also worth while visiting the book section of our website for other books that have helped us define this new emerging space.

Articles

[Define your next chapter](#)

Who wants to be a burden?

[Memory training as a way to prevent memory loss](#)

Events

[The Next Chapter workshop](#)

[Retirement Expo](#)

Book Review

[The Big Shift](#)
[by Marc Freedman](#)

Contact Information

Lynda Smith

+27 (0) 82 490 2822

lynda@refirementnetwork.com

Social Networking

Please join and invite
other baby boomers
to this [social network](#)
for Refirement Network.

[Click to join.](#)

Find us on [Twitter](#),
our [Retirement Fan Page](#) on
Facebook, or at [LinkedIn](#).

Please visit the [Retirement Expo](#) site to find out more about the exhibitors and exciting activities that will take place at the event. We will be giving away some **FREE tickets** to the event. Please email me (lynda@refirementnetwork.com) with a story of your own personal REFIREMENT to stand in line to go into a draw for these tickets.

I have added some new GROUPS to the [Refirement Social Network](#). Join the group where you live or let me know what other areas I need to add.

This month there is also an article on memory and how important it is to keep using our brain.

Enjoy the journey

Lynda

