



## Dear members of Refirement Network,

Welcome to 2016 - a big year for me as I have made the decision to choose this as my full time career. I turn 59 next week and plan to be involved in this next career chapter for at least the next 10-15 years. Writing one's own salary cheque is never easy. It takes discipline, creativity and networking to engage and build a business. The world is not secure from a work perspective and for many in this stage of life it is more about entrepreneurship than employment. I love human transformation and making a difference and this means that most of the time this does not feel like work but an opportunity to play.

### **My work will take on five main strategies**

Strategy, content and workshops for Corporates around the aging workforce and loss of skills.  
Coaching individuals and groups both online and off line globally.  
Doing keynote presentations and workshops on the challenge aging brings to a 21st century world  
Building Refirement Communities around South Africa  
Designing and developing an online skills bank.

### **There are links to two articles in this newsletter**

[The first is one on what I envisage for communities](#)

[The second my vision for skills transformation](#)

Please read, engage and communicate with me. I have started a number of Facebook groups to start the process of building communities. To date there are groups for the following areas:

Johannesburg, Pretoria, Cape Town, KZN and Hartbeespoort Dam. To join a group on [Facebook](#), type Refirement - Johannesburg if that is the one you want to join. Please feel free to add your friends over 50 who live in your city. If there is an area you live in and want me to start a group, please let me know.

There are a number of events happening as well over the next 2 months where I will be speaking:

Learning Lunch at Ou Pastorie - Hartbeespoort Dam on 29 January.

<https://www.refirementnetwork.com/files/oupastorie-event.pdf>

Next Chapter workshop on 17 th February in Fourways

[https://www.refirementnetwork.com/files/the\\_next\\_chapter\\_event\\_0.pdf](https://www.refirementnetwork.com/files/the_next_chapter_event_0.pdf)

Aging in the workplace at Hyatt on 24 th February

<http://www.kr.co.za/BookingRetrieve.aspx?ID=256849>

Retirement Lifestyle Expo in Cape Town on 26-28 February.

<http://www.sbs.co.za/retire2016/index.php?page=home>

More details for these events are in this newsletter.

If you are interested in personal coaching or coaching for a number of employees in your company please [be in touch](#) for more details.

Plans, goals and dreams are key at the beginning of the year. Let me know if I can help you along your journey. It would be an honor to walk part of your journey with you.

Warm Regards

Lynda

## Refirement's Social Networking



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