

Dear Baby Boomers

Welcome to 2013. Do you see the New Year as a sunrise or a sunset? It is important to reflect on the changing horizon as we grow one year older. Read the following article to help you identify what your horizon looks like.

Planning the next phase of life; Will it be a sunrise or a sunset?

Life seems to happen faster and faster and before we know it we are starting to think and be asked questions about retirement? If you are like me, it comes as a bit of a shock.

Retirement- that is for OLD people, I am nowhere near that stage of life. Then we are jolted about the fact that maybe this phase called retirement is only a few years ahead of us.



[Read the full article online.](#)

My Own Refirement Story

I am often asked to define what Refirement means. This month I share a short piece on [my own Refirement story](#) to help you understand the process. You are more than welcome to contact me if you want to know more about BrainBoosters. [Go to the website](#) to read up on the work that we are doing. There are some great opportunities from an entrepreneurial point of view as well as investing in your own grandchildren.



Calling all: Financial planners, Trainers, Life Coaches and HR Executives

At the Retirement Expo last year, I had many requests from Coaches and Financial Planners about the skills they would need to help their clients manage this process of ageing in the 21st century. This year I have decided to run 2 day workshops to meet this need in the market.

The groups will be small and booked on a first come basis. The first one will take place on 1 and 2 March at Hartbeespoort Dam. Please email me if you want to book your place and I can then send you an invoice. The cost will be R5000 per person. I will run the course anywhere else in the country with at least 5 delegates at a public venue or in-house.



Overview

Refirement Network has been studying the global trends on life planning around retirement for the past 7 years. Increase your knowledge and gain the skills to help your clients and employees to plan for their next season of life.

Refirement Network will run two day courses for small groups to equip delegates with the following:

Why is this trend tipping?

The challenges and opportunities on the horizon

How to plan the next chapter of ones' life and what are the questions one needs to address

Profiling tool for your clients

Help clients who may need to re-invent themselves to ask the right questions

The course does not cover any financial planning



Each delegate will receive the following:

Go through your own profile

Receive two E Books written by Refirement Network

A PowerPoint presentation

Lunch and refreshments will be supplied on both days.

The cost of the course is R5000 excluding vat.

The course is not certified but more as a tool to add value to existing trainers, coaches, financial planners and HR executives who want to add this type of work to their portfolio and to add value for their clients.

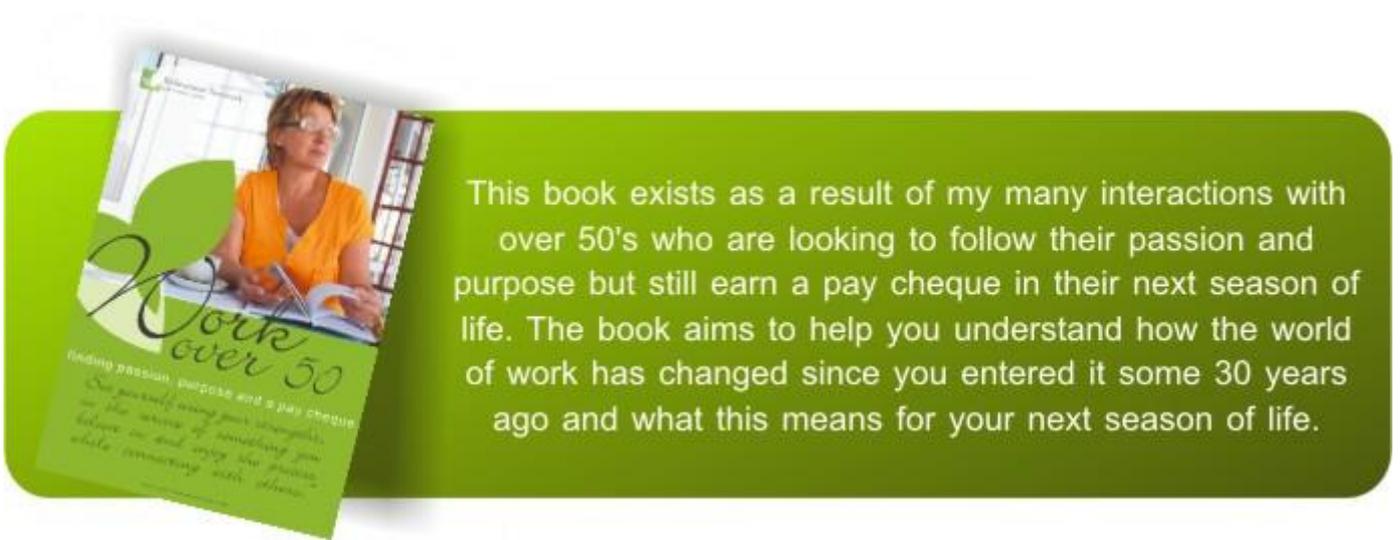
Finding passion, purpose and a pay cheque 50+

There has been a lot of interest in my new E Book called "Finding passion, purpose and a pay cheque 50+" I will be running a workshop on this topic and each person will get a copy of the E Book online after the event.

This event is R250.00 per person and will take place at: Community Ministries Coffee Shop (map with invoice)

Saturday 16th February from 09h30 till 12h00. Refreshments included.

Please email me on lgsmith@mweb.co.za to book. This is a once off offer. Normally this course would cost R495



This book exists as a result of my many interactions with over 50's who are looking to follow their passion and purpose but still earn a pay cheque in their next season of life. The book aims to help you understand how the world of work has changed since you entered it some 30 years ago and what this means for your next season of life.

Thank you for your continued support. Please share this newsletter with friends and family and also [join us on Facebook](#) to keep up to date with interesting articles and opportunities.

Have a great month

Lynda

Social Networking



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