



## Editorial

Welcome to 2012 and all the possibility that exists within the future. I write this from Thailand where I have spent the last 3 weeks with my daughter and her family. What a wonderful opportunity to disconnect from technology, pressure and the day to day challenges of life. In retirement this can become the norm 24/7/365 but I would hate not to have purpose and meaning when I get up on a daily basis and will never retire to a life of only leisure. I have observed the many European Boomers on the beaches here and while the postcard may depict an idyllic life, I think that after a short while it would become the rut. No matter what we do and where we live, we take ourselves with us and it is critical to ensure that you know what you love and what you plan to do with this next phase of life. Planning, reflecting and challenging your comfort zones as well as understanding what the future holds are all activities we need to take charge of as individuals. I hope that in 2012 you will make this one of your goals.

The other critical factor is money. Many of us have not saved enough for this gift of longevity that our generation has been given and we will need to find some kind of work to keep us active, purposeful and funded for the future. For some this will be work for money and for others it may be work for meaning. The best option is when you can combine the two in a portfolio life of work for money and meaning. This is possible but you need to walk the journey to understand the options and possibility on your horizon.

Refirement Network offers you some options to start your year off right.

We are hosting [breakfast events](#) in [Johannesburg](#) and [Cape Town](#) in February. I will be speaking at [The Positive Ageing Conference](#) in first week of March. You can purchase the E Book – "[12 Powerful Questions to navigate the next part of your journey](#)". The price includes a Skype or email consultation.

Vodacom have just launched their [Change the World Program](#) for 2012 and there are some wonderful options available to a few select Boomers with skills that live in the right part

## Events

[Positive Ageing Conference and Exhibition : 2-4 Mar 2012](#)

[Chartered Wealth Breakfasts](#)

## Coaching program

[12 Powerful Questions to navigate your journey](#)

## Contact Information

Lynda Smith  
+27 (0) 82 490 2822

[lynda@refirementnetwork.com](mailto:lynda@refirementnetwork.com)

## Social Networking

Please join and invite other baby boomers to this [social network](#) for Refirement Network. [Click to join.](#)

of the country. Please look at the list and if you know of someone who may be able to benefit from this fantastic opportunity, please pass on this newsletter to them. In fact why not encourage your friends around the country to join this network and strengthen our voice?

Find us on [Twitter](#), our [Retirement Fan Page](#) on Facebook, or at [LinkedIn](#).

There has been some good conversation and connection on the [Refirement Social Network](#) over the holidays. Have you joined? Connected with others? Started your own group or conversation? A major part of connecting and collaborating in the future starts with you. No-one will know you exist, what you can do or who you are unless you engage. This is a critical skill set for the 21 st century. Make this one of your goals and connect here now..... It costs nothing; you may make new friends, learn some technology skills in a safe environment and stay engaged with a broader network of people.

Take a look at the [Book review section](#), the [trends section](#) with articles on a number of subjects and start plotting your role in 2012.

I am going to attempt to include one true life story of a South African who is living a Refired life in each newsletter. This month I would like you to meet [Rene Testa](#), doing wonderful work and using all her gifts and skills. I know she is looking for volunteers to help with the babies so if you are keen please be in touch.

Take care and hope to meet and engage with you this year.

*Lynda*

**Donate yourself.  
Change the World.**



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