

## Refirement eZine January 2009

Dear Fellow Boomers,

Welcome to the beginning of a new year. I hope that you have rested, reflected and have direction and energy for this year. I sense through the tough times that people are becoming creative, managing their finances more carefully and taking a deep look at some of the activities that they have been involved with. I do think this is a good thing.

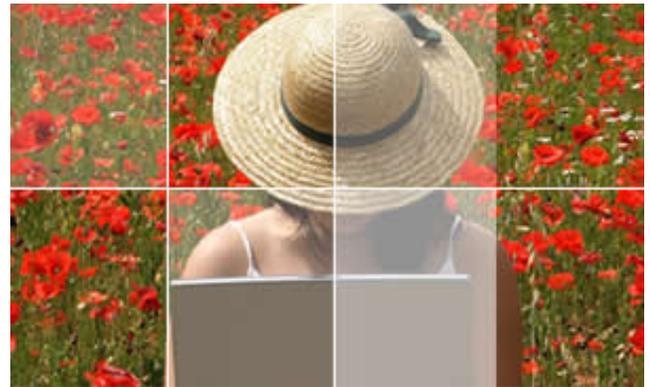
This first newsletter is very short. A reminder of the workshop in February, the conference in March and that I have started a social network for Refirement Network. This site allows each member to interact with one another, add your own events and blogs and to become a connected member of Boomers around the country.

If the last two sentences make you cringe, maybe you need to attend my new workshop that will be happening on February 25th in Bryanston area. I know there are a lot of Baby Boomers who are not taking advantage of technology due to the fact that we did not grow up in the computer era and often feel like people are speaking a foreign language. This course is a start up for people who do not even have a computer but want to understand the process to buying one. The course will cover practical applications of how technology is changing the world, what we need and what courses we will be offering during 2009. I will be working with a qualified computer trainer who will run both one on one and group workshops once you have decided that this is part of the learning you would like to tackle this year. I will also touch on items like banking, travel, photography and communication with our children and friends around the world using the computer. This workshop will cost R300 and will be a stand alone to help you make some decisions about the route you would like to follow from here. Please email me at [lgsmith@mweb.co.za](mailto:lgsmith@mweb.co.za) if you are interested. I have called this course Techno Crunch for Boomers.

The economic crunch has caused many of us to reassess our lives and the journey heading towards retirement. Please contact me if you would like a coaching session or do chat about your own personal journey for yourself or your staff.

Kind Regards

*Lynda Smith*



### Refirement Social Network

This is a new social network that I have set up for Refirement Network. Please join and invite all other Baby Boomers.

[Click to join](#)

## Workshop

### Discover, Plan and Learn about your next Life Stage



The Baby Boomer generation will not retire like previous generations. We will be navigating a new path. Come and discover the opportunities and build a new exciting journey for your future. This workshop is for all men and women over 50 and will be 3 hours long

**Date:** Tuesday 3<sup>rd</sup> February

**Time:** 09h00 till 12h00

**Venue:** to be announced  
(will be Bryanston area)

**Price:** R300

### Outcomes that you will take home with you:

Notes and Challenges to help you.

Why is this stage different for our generation?

Discover who you are and what your dreams are.

What career opportunities exist for you?

How can I upgrade my technology skills?

Draw up an action plan.

Build new connections and contacts to help you navigate your future.

The workshops will be kept small to facilitate discussion and learning. Book early to avoid disappointment. **This process can be booked as an internal workshop for companies wanting to educate their over 50 employees.**



# Keynote presentation

*A must for all financial planners managing retirement funds for this generation*

## Refire, not Retire!

Attention all Baby Boomers, Companies marketing to Baby Boomers and Corporations employing Baby Boomers ... Come and join us!

We have two great speakers ...

*Peter Laburn* will speak on PRIMETIME - *The opportunities and challenges for the Baby Boomers as they head for Retirement*. Pete has been involved in the financial arena for many years and this presentation will have you all rocking and rolling in your seats.

*Rob Rusconi* - *The future of Retirement in South Africa*. Rob is a well respected actuary and has a deep knowledge of the South African landscape on Retirement.

Venue: **Bryanston Country Club**  
Date: **March 18, 2009**  
Time: **07h30 for 8h00-11h00**  
Cost: **R350.00 members R395.00 non-members**

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