



Dear Refirement Network Members

It has been an interesting year. Reflection always allows us to look back, learn and build new dreams and visions. For me with the death of my Mom it has been a tougher year than most. I am currently lying in bed writing this editorial having just come out of hospital after major surgery and will be house bound for the next 6 weeks. Both these challenges of pain I see as opportunities for reflection, reading, learning and relaxing as well as time to connect and spend quality time in conversation with friends and family who come to visit. No doubt there will be some surprises, ideas and creativity that could bring some exciting new projects for 2015. I will remain positive and expectant.

This month I have two lovely stories to share with you. The first is from a school friend that I lost touch with many years ago and grateful for Facebook for reconnecting us. Maricha has an amazing ability to write and share her adventures via her blog. Over the past 2 years I have joined her via social media on holidays to India and Vietnam and asked her to share some of her thoughts about growing older and still keeping up an adventurous spirit. [Read More.](#)

The second story is about a man I met at a business meeting and in chatting realised that his story of transition would be one enjoyed by many of our readers. These stories hopefully help one to look at your own life and jolt your inner fears and possible lost opportunities and turn them into new beginnings and fun adventures. Enjoy Peter Greaves story. [Read more.](#)

It is just over three weeks to Christmas. Why not consider one of our EBooks as a gift for a staff member, spouse, parent or friend. There are two different books available and each costs R 114.

[12 Powerful Questions to navigate your future](#)
[Finding passion, purpose and a pay cheque 50+](#)

To order please email me on lynda@refirementnetwork.com and I will send you an invoice and forward the book to whoever is receiving the gift. Nice way to say thank you to staff within a few years of retirement.

On our home page there is a link to [share your own story](#): I would love for you to share your story with me as in future I would like to find a way of adding more of these stories to the site for people to read. Inspiration and ideas can often be the small trigger that helps someone else start to plan their own exciting next phase of life. refirementnetwork.com/tell-us-your-story

The greatest gift of life is life itself. Each day as we awake we can choose how this life will be lived. I wish you happiness, joy, peace and hope that your gift to those around you will be love, kindness and patience. We are all on a journey together and it is those around us and our own attitude that change the atmosphere. For me I feel blessed when I bless others. I wish that for you all.

Happy Holidays

Lynda



Refirement story : Being a free Spirit in an aging Gypsy

Children are resilient, me too. Circumstances change, I'll adapt. I loathe mediocrity, dullness and apathy. My mind renews like shedding skin. I've wept and become strong. I've watched a body disintegrate and witnessed a spirit growing until it refused to be encumbered by its heaviness. We age, embrace it; celebrating my independence and freedom. [Read More.](#)



Refirement story : From engineering excellence to birding brilliance

Most men might be said to show a keen interest in birds. But Peter's interest is in birds of the *feathery* kind. And this love of birds now sees him, in his late sixties, not retiring *from* a career but retiring *to* a life of birding – of discovering, documenting and building databases of literally thousands of birds from all over the world. [Read More.](#)

Refirement's Social Networking



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