



Dear Baby Boomers

"I have walked that long road to freedom. I have tried not to falter; I have made mistakes along the way. But I have discovered the secret that after climbing a great hill, one only finds that there are many more hills to climb. I have taken a moment here to rest, to steal a view of the glorious vista that surrounds me, to look back on the distance I have come. But I can rest only for a moment, for with freedom comes responsibilities, and I dare not linger, for my long walk is not yet ended." Nelson Mandela.

As a country we mourn the death of our Father of the Nation. His walk has come to an end and as one listens to people talk and share across the airways one understands the legacy that he has left for so many both here and around the globe. What a privilege and an honour to have this as a model for each of us- a living legacy.

Take time over the holiday season to read and reflect on the important questions we all need to ask for our own walk. The articles shared this month may also trigger you to purchase the E Book called "[Finding passion, purpose and a pay cheque 50+](#)" In fact it may even be something you would like to give to someone else as a gift. I have separated the price of the book from the coaching and the book is now available for R114.

I have a [button on my home page](#) where anyone can share "[their own story](#)". This past month we have received a wonderful story that I have no doubt will inspire you. Please feel free to not only read the story, but to also share your story with us. It is in the sharing that we grow, learn and inspire others to walk their own personal journey into freedom of all we are meant to be.

Thank you to each of you for support and engagement over this past year. I hope that you will have time to rest and spend quality time with those close to you.

Travel safe and many blessings from our team.

Lynda

Important questions for your life journey

Each of us is unique and born with gifts and talents that stems mainly from our genetic history. Then life happens and the combination of our experiences and life challenges mould our character and develop and sharpen our skills. Add to this our relationships and emotions and it is no wonder each of us is unique.

On this journey called life we are all so different but there are also three important questions that most of us share on this road.

1. Who am I?
2. Where do I belong?
3. What am I supposed to do?



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Refirement Story : Off the Beaten Track

William (Wim) LeMaire's journey takes him off the beaten track – from the architecture of European universities to the jungles of Africa. This obstetrician's story is not limited to birthing babies, but birthing a book too.

Wim's story begins in Belgium, where he grew up during the Second World War's German occupation. He attended one of Europe's oldest universities, medical school at the University of Louvain in Belgium. Wim's internship year was spent in the USA – after he was granted special permission by the dean. Such internships were unheard of until then.

The year 1957 took Wim and his new wife, Anne, to a small hospital in Schenectady, NY. And what a culture shock that was! But Wim and his wife survived, both professionally and socially. After that, it was meant to be back to Belgium for the required 18 months of military service. His alternative was to sign up with the Belgian Colonial Health Service for three years, which he did. This off-the-beaten-track man made off for the former Belgian Congo in Africa – only to face another culture shock! Two years later, the Congo obtained its independence and Wim and Anne were hastily evacuated.

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