



Dear Refirement members



Time marches on. We have all indulged in watching the world come together over the past few weeks around the Olympics. Team spirit, tears, joy, pride, excellence and many others words describe the moments shared on the screens.

One of the greatest rounds of applause went to the 70 000 volunteers who helped throughout the event. I believe that they did a fantastic job of helping visitors and ensuring they had a great experience.

To volunteer is always a way to give back to a cause you believe in. Take some time to think of where you can be a champion volunteer close to home.

I have met many fabulous people in cyberspace, thanks to the internet. One of my favourite writers and fellow Boomers is a lady called Charlena Miller. She writes a blog about her life and the risks she is taking to ensure she lives an authentic life. This past week she shared this documentary clip that she has just released. Please watch the clip, you will be inspired and challenged.....

enjoy!<http://www.charlenamiller.com/2012/08/16/epiphany-call/#.UDE1caBWLx>

Life is full of choices and challenges. Taking responsibility for your next life stage is like planning for the Olympics. You will need support, encouragement, lots of practice, money, a vision and goal that help you work towards a golden future. Are you prepared to pick up the TORCH and run your race?

Blessings - Lynda

Retirement Expo...

We are heading towards the next Retirement Expo at The Dome at the end of October. Save the date. It will be the last weekend in October. One of the best parts of the show last year was the many different workshops available that can help guide your thinking and

Coaching program
12 powerful questions to navigate

planning for the next phase of life. Retirement Network will again be there and we would love to see you there.

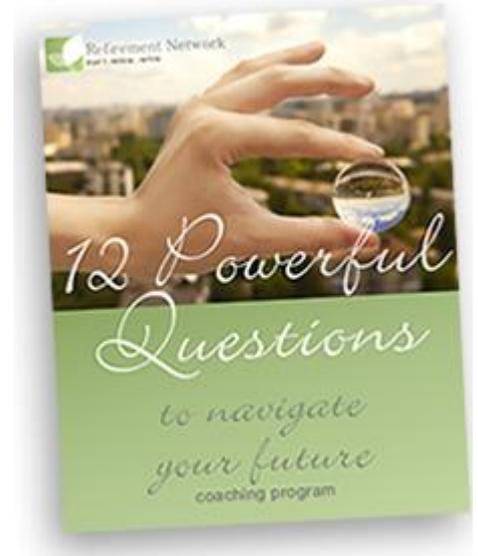
<http://www.retirementexpo.co.za/>

Tell us your story...

We have added a link on the home page called; tell us your story. If you have changed direction, are doing something interesting or would just like to share your story, please take the time to [click on this link and share](#).

We will read through the stories and contact you should we want to write up your story. The more stories we share of how ordinary people are doing exciting and life changing work, the more we inspire others to do the same.

your journey. [Read more online](#)



Social Networking



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